

THE SPA AT MADDEN'S



53rd Best Resort in the World
Top 10 Resort in the Midwest

– Condé Nast Traveler Magazine

Gull Lake | Brainerd, MN | maddens.com



Nails

Mani/Pedi Combo: A combination of our Essential Manicure and Essential Pedicure, this service will have you polished and ready for your vacation in under an hour. (55 minutes)

FarmHouse Fresh® Malted Moonshine Gentleman's Treatment: (Available as a manicure or pedicure.) This treatment was designed just for men. Start with a creamy chicory soak that soothes sore muscles, followed by Muscadine Moonshine Scrub. Hydrate your newly revived hands or feet by ending with a shea butter balm massage full of Vitamin E, mango and cocoa butters. (50 minutes)

Manicures:

Botanical Bliss Manicure: The Botanical Bliss Manicure uses dried herbs and essential oils to help soothe and soften the hands. Your service will be personalized for you with a variety of scents to choose from. (50 minutes)

FarmHouse Fresh® Sunflower Repair Manicure: Anti-aging and deeply moisturizing! Start with a dip into a healing oil soak made of certified organic sunflower oil, followed by a hand and arm exfoliation, and a vitamin- rich avocado mask. Finish with a hand and arm massage using a powerful antioxidant sunflower serum. (60 minutes)

FarmHouse Fresh® Sweet Retreat Manicure: Begin with a soothing, warm whole milk soak, let your skin find its balance with this nourishing organic, probiotic coconut milk mask – combining powerful healthy bacteria (both prebiotics and probiotics) plus certified organic rice extract to calm inflammations while delivering deep moisturization. Finish with a light, moisturizing body milk massage. A nostalgically sweet retreat...without the calories! (50 minutes)

Essential Manicure: The Essential Manicure is great for those on the go. This manicure covers all your basics: nail shaping, exfoliation, lotion application, and a polish. (25 minutes)

Gel Manicure: The perfect manicure for a flawless gel polish finish. *Gel removals must be mentioned at time of booking.* (45 minutes)

Pedicures:

FarmHouse Fresh® "Bee Pampered" Pedicure: Sweet, buttery nectar milk warms and softens skin before a spicy cider scrub down. Famished feet and toes are then glazed with a hot honey wrap and left steaming under fresh towels right before a honey-chai steeped coconut milk massage nourishes skin on contact. Ooh la luxury! (50 minutes)

Botanical Bliss Pedicure: This unique pedicure uses dried herbs and essential oils to help soothe and soften the feet. Your service will be personalized for you with a variety of scents to choose from. (50 minutes)

Madden's "Luxury" Pedicure: Madden's most luxurious pedicure starts with a soak in a calming almond milk bath; then two scrubs and masques are used to assure that the feet and calves are left soft and smooth. We won't forget about your hands either; this treatment includes a soothing paraffin glove treatment. (75 minutes)

Seasonal Pedicure: This pedicure will satisfy the needs of any season. Begin by immersing your feet in a hydrating soak that softens your cuticles and calluses. After a gentle scrub that smooths dry rough skin, your feet are then covered in a creamy rich mask and cocooned in warm, steamy towels. Your feet and calves are then treated to a relaxing massage using seasonally-scented lotion, finished with a lustrous polish. (50 minutes)

Essential Pedicure: The Essential Pedicure covers all your basics: nail shaping, exfoliation, lotion application, and polish. (25 minutes)

Gel Pedicure: The perfect pedicure for a flawless gel polish finish. *Gel removals must be mentioned at time of booking.* (45 minutes)

Massages

Upgrade any massage to a deep tissue for an additional fee. Excludes Hot Stone Massage.

Madden's "Classic" Massage: This relaxation massage is sure to help you unwind while you are on vacation. Choose from several different Aveda™ essential oils to enhance your service and create a relaxing experience. (30/60/90 minutes)

Pampered Pregnancy Massage: Designed to bring comfort and calm to the mother-to-be, this service uses products specially formulated to promote skin elasticity and resiliency during pregnancy, prevent and repair stretch marks, and nourish the skin. Pregnancy cushions are used to enhance your massage, allowing mom to fully relax. (60 minutes)

Hot Stone Massage: Smooth hot stones soothe tense and sore muscles and joints. The heated stones help to soften muscle tissue and increase circulation. (60/90 minutes)

"Stress-Less" Massage: Slip into vacation mode with an Aveda™ "Stress-Less" massage. This tranquil service combines lavender and clary sage to create an experience that eases your mind and relaxes your body, helping you unwind so you can fully enjoy your getaway. (30/60/90 minutes)

Himalayan Salt Stone Massage: This spin-off of the Hot Stone Massage uses warm Himalayan salt stones. The salt stones offer deeper relaxation, reduce inflammation, increase blood circulation and improve your overall sense of well-being. (60/90 minutes)

Madden's Golfer's Massage: This deep tissue massage uses a golf ball to help reach deeper into the layers of muscle, release tension, and promote a relaxed state. Perfect for golfers! You'll receive a complimentary golf ball with your treatment. (30/60/90 minutes)

The Renewal Body Scrub/Massage Duo: This scrub/massage combination begins with a full body dry brush exfoliation followed by a massage with hydrating body cream to nourish your skin. (90 minutes)



Facials

Mini-Facial: A mini-facial will make you look as great as you feel on vacation. The cleanse, exfoliation, masque, and relaxing hydration treatment will make you glow. (30 minutes)

Rejuvenation Facial: Whether your skin is dry, aging, or just problematic, our estheticians will customize a treatment to meet your skin's needs. This service ends with a personalized treatment plan you can continue at home. It's great for any skin type. (60 minutes)

Illuminating Facial: This comprehensive treatment combines the latest innovations in skin lightening technology to correct all forms of hyperpigmentation without irritating the skin. (60 minutes)

FarmHouse Fresh® Seasonal Facial: Our seasonal facial uses the FarmHouse Fresh® skincare line. Their products are crafted around delicious food and drinks, using up to 99.6% natural and naturally derived ingredients. This facial changes regularly with the seasons. *When calling, please inquire about current offering.* (30/60 minutes)

The Max™ Stem Cell Facial: This ultra-firming face, neck and décolletage treatment uses products that combine plant-derived stem cells with a blend of pumpkin and fruit enzymes to target pigmentation, wrinkles and lax skin in just one treatment. (60 minutes)

O² Lift Treatment: Exfoliation meets oxygen therapy for instantly radiant skin. Exfoliation is followed by a revolutionary oxygenating masque and stem cell infusion leaving the skin exfoliated, oxygenated and illuminated. (60 minutes)

Image™ Signature Lift: Tighten and brighten in one results-driven session that will change the image of your skin. Vitamin C, alpha beta hydroxy acids, and gentle enzymes speed up cellular turnover and lighten, brighten, and tighten all skin types, even sensitive and rosacea-prone skin. (75 minutes)

Anti-Aging Facial and Body Wrap: This anti-aging treatment combines an antioxidant facial with an ultra-hydrating anti-aging body wrap. This treatment is sure to leave your skin feeling smooth and deeply hydrated from head to toe. (90 minutes)

Professional Makeup Application: Enjoy a special look for a special event...or just because! Our makeup professionals will polish your look using Glo Skin Beauty™ Cosmetics. *By appointment only; based on therapist availability.* (45-60 minutes)

Ask about...

- Children's Nail Services (for ages 12 and under)
- Beautiful Brow Treatments (eyebrow tint and brow shaping)
- Waxing Services

Wraps

Reprive Wrap: Start our most relaxing treatment with an inhalation of lavender followed by a dry exfoliation, and a lotion application of Aveda's most indulgent and relaxing lotion infused with French lavender, lavandin, and clary sage. You are then wrapped in a cocoon of warm blankets. To further your relaxation, a neck, scalp, and foot massage complete this stress-reducing service. (60 minutes)

Cell-U-Lift™ Firming Body Wrap: Reduce the signs of cellulite with our exclusive Cell-U-Lift Firming Body Wrap. We buff your skin to perfection and then apply cellulite cream (to areas of concern) that firm and tighten your skin on a cellular level. Rejuvenating body lotion is applied to the rest of the body for soft, radiant skin. A neck, shoulder, and foot massage conclude this revitalizing experience. (60 minutes)

Tropical Bliss Body Wrap: We bring the tropics to you with a full body Citrus Grass Salt Scrub and a hydrating Island Elixir® Shea Butter. You are wrapped in a cocoon of warm blankets, and a neck, scalp, and foot massage conclude this tranquil experience. Brought to you exclusively by FarmHouse Fresh® (60 minutes)

Rosemary Mint Body Wrap: A dry brush exfoliation followed by an application of Aveda™ Rosemary Mint lotion and a warm blanket wrap will sooth you to the core. A scalp massage with Blue Oil and a relaxing foot massage complete this unique full body sensory experience. (60 minutes)

Seasonal Body Wrap: After a revitalizing exfoliation, a rich mask is applied to your body. You are then nestled in a warm cocoon of blankets while being treated to a scalp and foot massage. The service is completed with a soothing seasonally-scented lotion that will leave you feeling hydrated and refreshed. (60 minutes)



Cancellation Policy: Please cancel 24 hours prior to the start time of your service. If you fail to do so, a 50% fee will be charged. If you do not show up for your appointment, a 100% fee will be charged.

Prices/services subject to change.

Spa Specialties

Seasonal Massage

You'll feel truly pampered with Madden's Signature Seasonal Massage. This intoxicating service uses seasonally-scented fragrant oils that moisturize your skin leaving it smooth and radiant. A relaxing scalp and foot massage complete this revitalizing treatment. A spa favorite! (30/60/90 minutes)

Couples Massage

Enjoy a relaxation massage or upgrade to a deep tissue. This treatment is sure to refresh you and your guest. Performed in the tranquil Spa Cottage, this service will leave you feeling relaxed and renewed. (60/90 minutes)

Three Hours of Heaven

Purchase any three one-hour or longer services and receive **10% OFF**. (Services must be same day and same person. Not valid with any other discounts or specials.)

Spa Getaways

Enjoy a delightful two-night pampering experience! Includes lodging, breakfast each morning, and a \$50/day spa credit. Spa appointments must be made at time of reservation. Visit maddens.com for best rates and availability.

Join the Spaaaah Club

- 10% off all services
- Advance notice of exclusive spa specials
- 5% off spa merchandise
- Visit maddens.com to register

How to Spa Please allow 20 minutes before your appointment to change, fill out any necessary paperwork, and relax with a cup of tea in preparation for your service. If you arrive late for your appointment, the time of the service will be shortened accordingly.

What to Wear: We recommend any clothing that you feel comfortable in. Please disrobe to your comfort level. Our professionally trained staff will ensure your privacy with proper draping techniques.

Refreshments: Traditional spa beverages are available for your convenience. Wine and champagne by the glass may be purchased. We ask that you do not bring in outside food or drinks.

Gratuities: Gratuities are not included in the price of the service. If you feel that you have had an exceptional service, please feel free to leave a gratuity for your therapist. Please ask the front desk if you are unsure of the appropriate gratuity.

Age Restrictions: We require that anyone under the age of 16 be accompanied by an adult at all times.



MINNESOTA'S CLASSIC RESORT

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2019 RATES

Spa Specialties

Minutes	SUN-WED			THURS-SAT		
	30	60	90	30	60	90
Seasonal Massage	\$55	\$100	\$135	\$65	\$110	\$145
Couples Massage		\$200	\$270		\$220	\$290

Massages

Upgrade any massage to a deep tissue for an additional \$10.

Excludes Hot Stone Massage.

Minutes	SUN-WED			THURS-SAT		
	30	60	90	30	60	90
Madden's "Classic"	\$55	\$100	\$135	\$65	\$110	\$145
Pampered Pregnancy		\$100			\$110	
Hot Stone		\$110	\$145		\$120	\$155
"Stress-Less"	\$55	\$100	\$135	\$65	\$110	\$145
Himalayan Salt Stone		\$115	\$150		\$125	\$160
Golfer's Massage	\$65	\$110	\$145	\$75	\$120	\$155
The Renewal Body Scrub/Massage Duo			\$150			\$160

	SUN-WED	THURS-SAT
Facials		
Mini-Facial 30 min.	\$55	\$65
Rejuvenation Facial 60 min.	\$95	\$105
Illuminating Facial 60 min.	\$95	\$105
FarmHouse Fresh® Seasonal Facial 30 min.	\$55	\$65
FarmHouse Fresh® Seasonal Facial 60 min.	\$95	\$105
The Max™ Stem Cell Facial 60 min.	\$100	\$110
O ² Lift Treatment 60 min.	\$105	\$115
Image™ Signature Lift 75 min.	\$120	\$130
Anti-Aging Facial & Body Wrap 90 min.	\$140	\$150
Professional Makeup Application 45-60 min.	\$45	\$45

Waxing & Tinting Services

	EVERY DAY
Beautiful Brow Treatment Includes an eyebrow tint and brow shaping.	\$30
Brow Shaping	\$20
Lip Wax	\$15
Bikini Wax	\$45
Full Leg Wax	\$75
Brow or Lash Tinting	\$20

	SUN-WED	THURS-SAT
Wraps		
Reprive Wrap 60 min.	\$100	\$110
Cell-U-Lift™ Firming Body Wrap 60 min.	\$110	\$120
Tropical Bliss Body Wrap 60 min.	\$100	\$110
Rosemary Mint Body Wrap 60 min.	\$100	\$110
Seasonal Body Wrap 60 min.	\$100	\$110

Manicures

Botanical Bliss Manicure 50 min.	\$50	\$60
FarmHouse Fresh® Sunflower Repair Manicure 60 min.	\$60	\$70
FarmHouse Fresh® Sweet Retreat Manicure 50 min.	\$50	\$60
Essential Manicure 25 min.	\$35	\$45
Gel Manicure 45 min.	\$60	\$70
Children's Manicure 45 min. (12 and under)	\$30	\$30

Pedicures

FarmHouse Fresh® "Bee Pampered" Pedicure 50 min.	\$65	\$75
Botanical Bliss Pedicure 50 min.	\$65	\$75
Madden's "Luxury" Pedicure 75 min.	\$80	\$90
Seasonal Pedicure 50 min.	\$65	\$75
Essential Pedicure 25 min.	\$40	\$50
Gel Pedicure 45 min.	\$70	\$80
Children's Pedicure 20 min. (12 and under)	\$30	\$30
Gel Removal <i>Please mention when reserving as extra time is required.</i>	\$10	\$10
Polish Change	\$15	\$15
French Polish	Add \$10	Add \$10

Mani/Pedi Combo 55 min.	\$75	\$85
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FarmHouse Fresh® Malted Moonshine Gentleman's Treatment

Manicure 50 min.	\$45	\$55
Pedicure 50 min.	\$60	\$70