

## Nails

Upgrade any manicure to a gel polish for an additional fee.

**Mani/Pedi Combo:** A combination of our Essential Manicure and Essential Pedicure, this service will have you polished and ready for your vacation in under an hour. (55 minutes)

### Manicures:

**Essential Manicure:** The Essential Manicure is great for those on the go. This manicure covers all your basics: nail shaping, exfoliation, lotion application, and a polish. (25 minutes)

**Botanical Bliss Manicure:** The Botanical Bliss Manicure uses dried herbs and essential oils to help soothe and soften the hands. Your service will be personalized for you with a variety of scents to choose from. (50 minutes)

**Hot Oil Manicure:** Pamper your hands and nails with this nourishing treatment. Hot oil gives relief to dry and damaged nails while improving the hands and cuticles, leaving them soft and supple. This is a great service for men, too! (50 minutes)

**Anti-Aging Manicure:** This intense treatment brings moisture into the deepest levels of the skin, which helps smooth the appearance of fine lines and wrinkles. (50 minutes)

### Pedicures:

**Essential Pedicure:** The Essential Pedicure covers all your basics: nail shaping, exfoliation, lotion application, and polish. (25 minutes)

**Botanical Bliss Pedicure:** This unique pedicure uses dried herbs and essential oils to help soothe and soften the feet. Your service will be personalized for you with a variety of scents to choose from. (50 minutes)

**Madden's "Luxury" Pedicure:** Madden's most luxurious pedicure starts with a soak in a calming almond milk bath; then two scrubs and masques are used to assure that the feet and calves are left soft and smooth. We won't forget about your hands either; this treatment includes a soothing paraffin glove treatment. (75 minutes)

Ask about...

**Children's Pedicure** – Ages 12 & under

**Gel Removal**

**Polish Change**

**French Nails**

## Waxing and Tinting Services

- Brow Shaping
- Beautiful Brow Treatment: Includes an eyebrow tint and brow shaping
- Lip Wax
- Bikini Wax
- Full Leg Wax
- Brow Tinting
- Lash Tinting

Other waxing options available. Please call for pricing.

## Spa Specialties

### Seasonal Massage

A Madden's signature, this service offers a unique seasonal essence to indulge your senses and help you relax. This experience is changed regularly to deliver the characteristic aromas associated with the season. Please inquire about the current offering when reserving. (30/60/90 minutes)

### Shared Moments

Enjoy a relaxation massage or upgrade to a deep tissue. This treatment is sure to refresh you and your guest. Performed in the tranquil Spa Cottage, this service will leave you feeling relaxed and renewed. (60/90 minutes)

### Three Hours of Heaven

Purchase any three one-hour or longer services and receive **10% OFF**. (Services must be same day and same person. Not valid with any other discounts or specials.)

### Spa Getaways

Enjoy a delightful two-night pampering experience! Includes lodging, breakfast each morning, and a \$50/day spa credit. Spa appointments must be made at time of reservation. Visit [maddens.com](http://maddens.com) for best rates and availability.

### Join the Spaaaah Club

- 10% off all services
- Advance notice of exclusive spa specials
- 5% off spa merchandise
- Visit [maddens.com](http://maddens.com) to register

**How to Spa** Please allow 20 minutes before your appointment to change, fill out any necessary paperwork, and relax with a cup of tea in preparation for your service. If you arrive late for your appointment, the time of the service will be shortened accordingly.

**What to Wear:** We recommend any clothing that you feel comfortable in. Please disrobe to your comfort level. Our professionally trained staff will ensure your privacy with proper draping techniques.

**Refreshments:** Traditional spa beverages are available for your convenience. Wine and champagne by the glass may be purchased. We ask that you do not bring in outside food or drinks.

**Gratuities:** Gratuities are not included in the price of the service. If you feel that you have had an exceptional service, please feel free to leave a gratuity for your therapist. Please ask the front desk if you are unsure of the appropriate gratuity.

**Age Restrictions:** We simply ask that anyone under the age of 16 be accompanied by an adult at all times.



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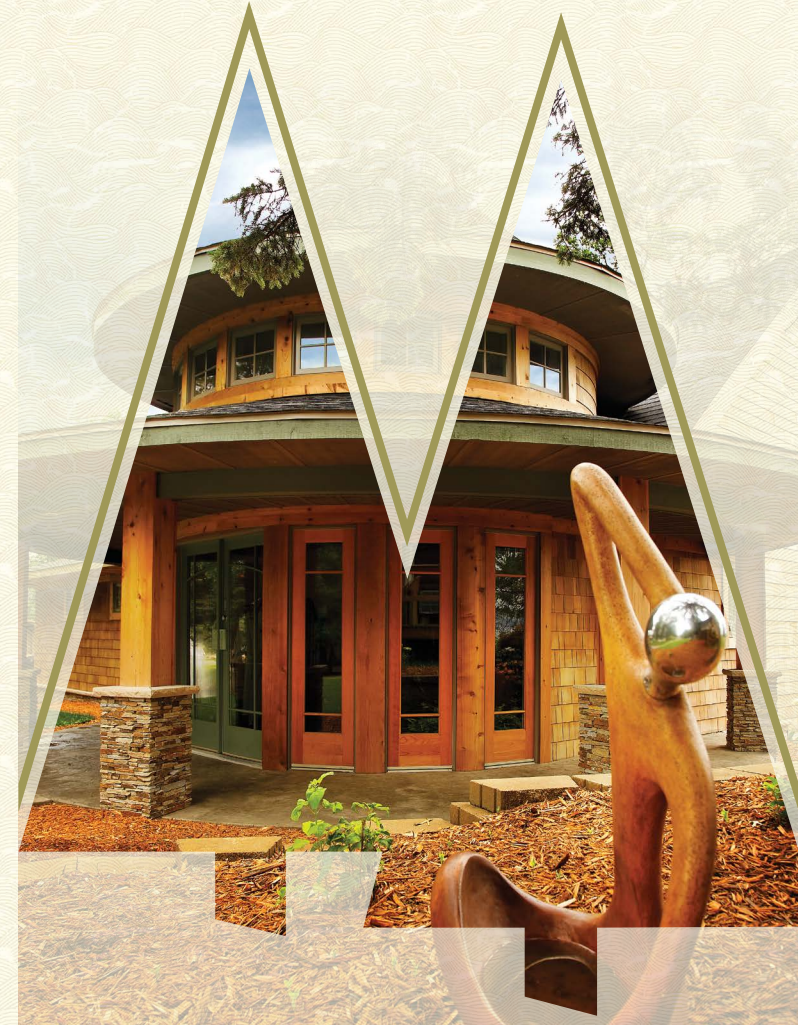
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## 2018 SERVICES & RATES

THE  
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53<sup>rd</sup> Best Resort in the World

Top 10 Resort in the Midwest

– Condé Nast Traveler Magazine

Gull Lake | Brainerd, MN | [maddens.com](http://maddens.com)

## Massages

*Upgrade any massage to a deep tissue for an additional fee. Excludes Hot Stone Massage.*

**Madden's "Classic" Massage:** This relaxation massage is sure to help you unwind while you are on vacation. Choose from several different Aveda essential oils to enhance your service and create a relaxing experience. (30/60/90 minutes)

**Pampered Pregnancy Massage:** Designed to bring comfort and calm to the mother-to-be, this service uses products specially formulated to promote skin elasticity and resiliency during pregnancy, prevent and repair stretch marks, and nourish the skin. Pregnancy cushions are used to enhance your massage, allowing mom to fully relax. (60 minutes)

**Hot Stone Massage:** Smooth hot stones soothe tense and sore muscles and joints. The heated stones help to soften muscle tissue and increase circulation. (60/90 minutes)

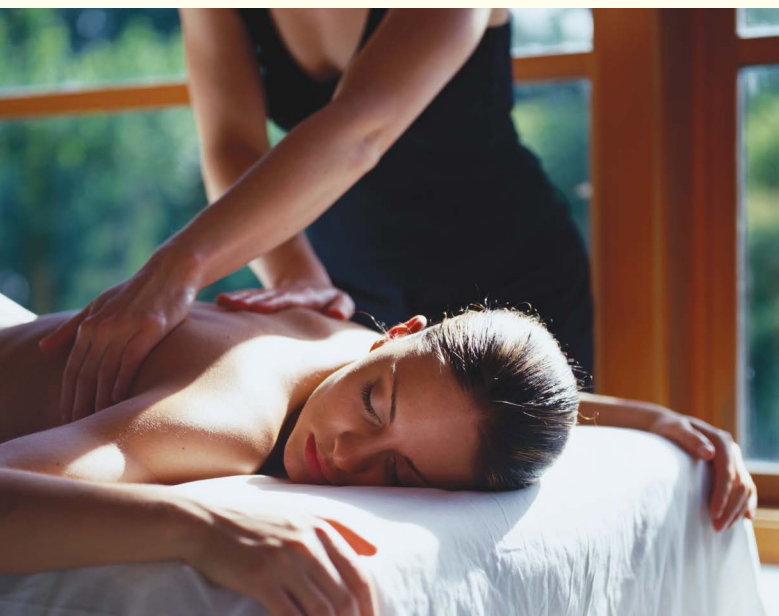
**"Stress-Less" Massage:** Slip into vacation mode with an Aveda "Stress-Less" massage. This tranquil service combines Lavender and clary sage to create an experience that eases your mind and relaxes your body, helping you unwind so you can fully enjoy your getaway. (30/60/90 minutes)

## Facials

**Mini-Facial:** A mini-facial will make you look as great as you feel on vacation. The cleanse, exfoliation, masque, and relaxing hydration treatment will make you glow. (30 minutes)

**Rejuvenation Facial:** Whether your skin is dry, aging, or just problematic, our estheticians will customize a treatment to meet your skin's needs. This service ends with a personalized treatment plan you can continue at home. It's great for any skin type. (60 minutes)

**Illuminating Facial:** This comprehensive treatment combines the latest innovations in skin lightening technology to correct all forms of hyperpigmentation without irritating the skin. (60 minutes)



**Image 02™ Lift:** This luxurious treatment infuses oxygen, plant-derived stem cells, peptides, and a high concentration of enzymatic botanicals into the skin, leaving it luminous, refreshed, and rejuvenated. Perfect for all skin types. (75 minutes)

**Image™ Signature Lift:** Tighten and brighten in one treatment: a results-driven treatment that will change the image of your skin in just one session. Vitamin C, alpha beta hydroxy acids, and gentle enzymes speed up cellular turnover and lighten, brighten, and tighten all skin types, even sensitive and rosacea-prone skin. (75 minutes)

**Anti-Aging Facial and Body Wrap:** This anti-aging treatment combines an antioxidant facial with an ultra-hydrating anti-aging body wrap. This treatment is sure to leave your skin feeling smooth and deeply hydrated from head to toe. (90 minutes)

## Peels

We offer a variety of different peels to meet your skin's needs. All peels can be purchased as an enhancement to a 60 minute facial treatment or purchased individually. We recommend peels are done at regular intervals to receive maximum benefit. Peeling may occur for a few days after the treatment. Immediate sun exposure is not recommended. Please plan accordingly.

**Lightening Peel:** For lightening and brightening the skin.  
*For pigmented, aging, dry, redness-prone skin, and age spots*

**Acne Lift:** Anti-inflammatory agents treat all forms of acne.  
*For oily, acne-prone, or aging skin*

**Wrinkle Lift:** Exfoliates and reduces the appearance of fine lines.  
*For aging, wrinkled, rough, or dull skin*

**Perfection Peel:** Our exclusive blend of exfoliating agents are combined with powerful anti-oxidants, correcting peptides and plant-derived stem cells to create "perfection".  
*For advanced aging, pigmentation, and severe acne*

**Lightening, Acne & Wrinkle Lifts:** Six thirty-minute treatments at two week intervals *(may be added as an enhancement to a facial)*

**Perfection:** Four thirty-minute treatments at four week intervals *(may be added as an enhancement to a facial)*

## Wraps

**Relieve Wrap:** Start our most relaxing treatment with an inhalation of Lavender followed by a dry exfoliation, and a lotion application of Aveda's most indulgent and relaxing lotion infused with French Lavender, Lavandin, and Clary Sage. You are then wrapped in a cocoon of warm blankets. To further your relaxation, a neck, scalp, and foot massage complete this stress-reducing service. (60 minutes)

**Cell-U-Lift™ Firming Body Wrap:** Reduce the signs of cellulite with our exclusive Cell-U-Lift Firming Body Wrap. We buff your skin to perfection and then apply cellulite cream (to areas of concern) that firm and tighten your skin on a cellular level. Rejuvenating body lotion is applied to the rest of the body for soft, radiant skin. A neck, shoulder, and foot massage conclude this revitalizing experience. (60 minutes)

**Moor Mud Wrap:** This treatment uses the famous Moor Mud, is known for its holistic properties. It's great for detoxification, dry skin, rosacea, acne, inflamed joints, and of course relaxation. This treatment concludes with a brisk shower. (60 minutes)

**Rosemary Mint Body Wrap:** A dry brush exfoliation followed by an application of Rosemary Mint lotion and a warm blanket wrap will soothe you to the core. A scalp massage with Blue Oil and a relaxing foot massage complete this unique full body sensory experience. (60 minutes)

**Seasonal Body Wrap:** The seasons change, so why shouldn't your wrap? This full body wrap is changed with every season, to deliver the aromatic scents we all love. (60 minutes)



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**Cancellation Policy:** Please cancel 24 hours prior to the start time of your service. If you fail to do so, a 50% fee will be charged. If you do not show up for your appointment a 100% fee will be charged.

*Prices/services subject to change.*

## Spa Specialties

	SUN-WED			THURS-SAT		
	Minutes	30	60	90	30	60
Seasonal Massage	\$55	\$100	\$135	\$65	\$110	\$145
Shared Moments Massage	\$200	\$270		\$220	\$290	

## Massages

Upgrade any massage to a deep tissue for an additional \$10.  
Excludes Hot Stone Massage.

	SUN-WED			THURS-SAT		
	Minutes	30	60	90	30	60
"Stress-Less" Massage	\$55	\$100	\$135	\$65	\$110	\$145
Hot Stone Massage		\$110	\$145		\$120	\$155
Madden's "Classic" Massage	\$55	\$100	\$135	\$65	\$110	\$145
Pampered Pregnancy Massage	\$100			\$110		

	SUN-WED	THURS-SAT
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## Facials

	SUN-WED	THURS-SAT
Anti-Aging Facial & Body Wrap 90 min.	\$140	\$150
Image™ Signature Lift 75 min.	\$120	\$130
Image O2™ Lift 75 min.	\$120	\$130
Illuminating Facial 60 min.	\$95	\$105
Rejuvenation Facial 60 min.	\$95	\$105
Mini-Facial 30 min.	\$55	\$65

## Peels Lightening, Acne & Wrinkle Lifts

	SUN-WED	THURS-SAT
One treatment 30 min.	\$60	\$70
Six treatments 2 week intervals	\$300	\$310
As an enhancement to a facial	\$20	\$20

## Peels Perfection

	SUN-WED	THURS-SAT
One treatment 30 min.	\$65	\$75
Four treatments 4 week intervals	\$195	\$205
As an enhancement to a facial	\$25	\$25

	SUN-WED	THURS-SAT
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## Wraps

	SUN-WED	THURS-SAT
Cell-U-Lift™ Firming Body Wrap 60 min.	\$110	\$120
Seasonal Body Wrap 60 min.	\$100	\$110
Reprieve Wrap 60 min.	\$100	\$110
Rosemary Mint Body Wrap 60 min.	\$100	\$110
Moor Mud Wrap 60 min.	\$100	\$110

## Manicures

	SUN-WED	THURS-SAT
Botanical Bliss Manicure 50 min.	\$50	\$60
Hot Oil Manicure 50 min.	\$50	\$60
Anti-Aging Manicure 50 min.	\$50	\$60
Essential Manicure 25 min.	\$35	\$45

## Pedicures

	SUN-WED	THURS-SAT
Madden's "Luxury" Pedicure 75 min.	\$80	\$90
Botanical Bliss Pedicure 50 min.	\$65	\$75
Essential Pedicure 25 min.	\$40	\$50
Children's Pedicure <i>Ages 12 &amp; under 20 min.</i>	\$30	\$30

Gel Removal \$10 \$10  
*Please mention when reserving as extra time is required.*

	SUN-WED	THURS-SAT
Polish Change	\$15	\$15
French Nails	Add \$10	Add \$10

	SUN-WED	THURS-SAT
Mani/Pedi Combo 55 min.	\$75	\$85

## Waxing & Tinting Services

	EVERY DAY
Beautiful Brow Treatment Includes an eyebrow tint and brow shaping.	\$30
Brow Shaping	\$20
Lip Wax	\$15
Bikini Wax	\$45
Full Leg Shaping	\$75
Brow Tinting	\$20
Lash Tinting	\$20