Nails

Upgrade any manicure to a gel polish for an additional fee.

Mani/Pedi Combo: A combination of our Essential Manicure and Essential Pedicure, this service will have you polished and ready for your vacation in under an hour. (55 minutes)

Manicures:

Essential Manicure: The Essential Manicure is great for those on the go. This manicure covers all your basics: nail shaping, exfoliation, lotion application, and a polish. (25 minutes)

Botanical Bliss Manicure: This line was created to bring natural healing agents into the spa. The Botanical Bliss Manicure uses fragrant essential oils, dried herbs, and unscented products so that your technician can customize a service just for you. (50 minutes)

Hot Oil Manicure: Pamper your hands and nails with this nourishing treatment. The hot oil gives relief to dry and damaged nails while improving the hands and cuticles, leaving them soft and supple. This is a great service for men, too! (50 minutes)

Anti-Aging Manicure: This intense treatment brings moisture into the deepest levels of the dermis, which helps smooth the appearance of fine lines and wrinkles. (50 minutes)

Pedicures:

Essential Pedicure: This pedicure is perfect for those who don't have a lot of time to spend at the spa. The Essential Pedicure covers all your basics: nail shaping, exfoliation, lotion application, and polish. (25 minutes)

Botanical Bliss Pedicure: This unique pedicure is sure to delight your senses. The Botanical Bliss Pedicure uses dried herbs and essential oils, which help soothe and soften the feet. With several different scent options available, we can personalize the pedicure just for you! (50 minutes)

Madden's "Luxury" Pedicure: Madden's most luxurious pedicure starts with a soak in a calming almond milk bath; then two scrubs and masques are used to assure that the feet and calves are left soft and smooth. We won't forget about your hands either; this treatment includes a soothing paraffin glove treatment. (75 minutes)

Ask about...

Children's Pedicure – Ages 12 & under

Gel Removal

Polish Change

French Nails

Waxing and Tinting Services

- Brow Shaping
- Beautiful Brow Treatment: Includes an eyebrow tint and brow shaping
- Lip Wax
- Bikini Wax
- Full Leg Wax
- Brow Tinting
- Lash Tinting

Other waxing options available. Please call for pricing.

Spa Specialties

Seasonal Massage

A Madden's signature, this service offers a unique seasonal essence to indulge your senses and help you relax. This experience is changed regularly to deliver the characteristic aromas associated with the season. Please inquire about the current offering when reserving. (30/60/90 minutes)

Shared Moments

Enjoy a relaxation massage or upgrade to a deep tissue. This treatment is sure to nourish you and your guest. Performed in the tranquil Spa Cottage, this service will leave you feeling relaxed and renewed. (60/90 minutes)

Three Hours of Heaven

Purchase any three one-hour or longer services and receive **10% OFF**.
(Services must be same day and same person. Not valid with any other discounts or specials.)

Spa Getaways

Enjoy a delightful two-night pampering experience! Includes lodging, breakfast each morning, and a $50/day spa credit. Spa appointments must be made at time of reservation. Visit **maddens.com** for best rates and availability.

Join the Spaaaah Club

- 10% off all services
- 5% off spa merchandise
- Advance notice of exclusive spa specials
- Visit **maddens.com** to register

How to Spa

Please allow 20 minutes before your appointment to change, fill out any necessary paperwork, and relax with a cup of tea in preparation for your service. If you arrive late for your appointment, the time of the service will be shortened accordingly.

What to Wear: *We recommend any clothing that you feel comfortable in. Please disrobe to your comfort level. Our professionally trained staff will ensure your privacy with proper draping techniques.*

Refreshments: *Traditional spa beverages are available for your convenience. Wine and champagne by the glass may be purchased. We ask that you do not bring in outside food or drinks.*

Gratuities: *Gratuities are not included in the price of the service. If you feel that you have had an exceptional service, please feel free to leave a gratuity for your therapist. Please ask the front desk if you are unsure of the appropriate gratuity.*

Age Restrictions: *We simply ask that anyone under the age of 16 be accompanied by an adult at all times.*

Madden's on Gull Lake

MINNESOTA'S CLASSIC RESORT

218.829.2811 • 800.233.2934
vacation@maddens.com • www.maddens.com

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2017 SERVICES & RATES

THE SPA AT MADDEN'S

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53rd Best Resort in the World

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– Condé Nast Traveler Magazine

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Massages

Upgrade any massage to a deep tissue for an additional fee.
Excludes Hot Stone Massage.

Madden's "Classic" Massage: This relaxation massage is sure to help you unwind while you are on vacation. Choose from several different Aveda essential oils to enhance your service and create a relaxing experience. (30/60/90 minutes)

Pampered Pregnancy Massage: Designed to bring comfort and calm to the mother-to-be, this service uses products specially formulated to promote skin elasticity and resiliency during pregnancy, prevent and repair stretch marks, and nourish the skin. Pregnancy cushions are used to enhance your massage, allowing mom to fully relax. (60 minutes)

Hot Stone Massage: We use smooth hot stones to soothe tense and sore muscles and joints. The heated stones help to soften muscle tissue and increase circulation. (60/90 minutes)

"Stress-Less" Massage: Slip into vacation mode with an Aveda "Stress-Less" massage. This tranquil service combines Lavender and clary sage to create an experience that eases your mind and relaxes your body, helping you unwind so you can fully enjoy your getaway. (30/60/90 minutes)

Facials

Mini-Facial: Our mini-facial that will make you look as great as you feel on vacation. A cleanse, exfoliation, masque, and relaxing hydration treatment will make you glow. (30 minutes)

Rejuvenation Facial: Whether your skin is dry, aging, or just problematic, our estheticians will customize a treatment to meet your skin's needs. This service ends with a personalized treatment plan you can continue at home. It's great for any skin type. (60 minutes)

Illuminating Facial: This comprehensive treatment combines the latest innovations in skin lightening technology to correct all forms of hyperpigmentation without irritating the skin. (60 minutes)

Image 02™ Lift: This luxurious treatment infuses oxygen, plant-derived stem cells, peptides, and a high concentration of enzymatic botanicals into the skin, leaving it luminous, refreshed, and rejuvenated. It's perfect for all skin types. (75 minutes)

Image™ Signature Lift: Tighten and brighten in one treatment: a results-driven treatment that will change the image of your skin in just one session. Vitamin C, alpha beta hydroxy acids, to gentle enzymes speed up cellular turnover and lighten, brighten, and tighten all skin types, even sensitive and rosacea-prone skin. (75 minutes)

Anti-Aging Facial and Body Wrap: This anti-aging treatment combines an antioxidant facial with an ultra-hydrating anti-aging body wrap. This treatment is sure to leave your skin feeling smooth and deeply hydrated from head to toe. (90 minutes)

Peels

We offer a variety of different peels to meet your skin's needs. All peels can be purchased as an enhancement to a facial treatment or purchased individually. We recommend that peels are done at regular intervals to receive maximum benefit. Peeling may occur for a few days after the treatment. Immediate sun exposure is not recommended. Please plan accordingly. **(Note: peels are only available as an enhancement for the 60 minute facials.)**

Lightening Peel: For lightening and brightening the skin.
For pigmented, aging, dry, or redness prone skin, as well as age spots

Acne Lift: Anti-inflammatory agents treat all forms of acne.
For oily, acne-prone, or aging skin

Wrinkle Lift: Exfoliates and reduces the appearance of fine lines.
For aging, wrinkled, rough, or dull skin

Perfection Peel: Our exclusive blend of exfoliating agents are combined with powerful anti-oxidants, correcting peptides and plant-derived stem cells to create "perfection".
For advanced aging and pigmentation and severe acne

Lightening, Acne & Wrinkle Lifts: Six thirty-minute treatments at two week intervals *(may be added as an enhancement to a facial)*

Perfection: Four thirty-minute treatments at four week intervals *(may be added as an enhancement to a facial)*

Wraps

Reprieve Wrap: We start our most relaxing treatment with an inhalation of Lavender to set the mood, followed by a dry exfoliation, and then a lotion application of Aveda's most indulgent and relaxing lotion infused with French Lavender, Lavandin, and Clary Sage. You are then wrapped in a cocoon of warm blankets. To further your relaxation, a neck, scalp, and foot massage complete this stress-reducing service. (60 minutes)

Cell-U-Lift™ Firming Body Wrap: Reduce the signs of cellulite with our exclusive Cell-U-Lift Firming Body Wrap. We buff your skin to perfection and then apply cellulite cream (to areas of concern) that firms and tightens your skin on a cellular level. Rejuvenating body lotion is then applied to the rest of the body for soft and radiant skin. A neck, shoulder, and foot massage concludes this revitalizing experience. (60 minutes)

Moor Mud Wrap: This treatment uses the famous Moor Mud, which is known for its holistic treatments. It's great for detoxification, dry skin, rosacea, acne, inflamed joints, and of course relaxation. This treatment is concluded with a brisk shower in the adjoining room. (60 minutes)

Rosemary Mint Body Wrap: Starting with a dry brush exfoliation that rids the body of dry skin and aids in lymphatic drainage, an application of Rosemary Mint lotion cools and stimulates the skin; you are then wrapped in warm blankets. A scalp massage with Blue Oil and a relaxing foot massage complete this unique full body sensory experience. (60 minutes)

Seasonal Body Wrap: The seasons change, so why shouldn't your wrap? This full body wrap is changed with every season, to deliver the aromatic scents we all love. (60 minutes)

***Cancellation Policy:** Please cancel 24 hours prior to the start time of your service. If you fail to do so, a 50% fee will be charged. If you do not show up for your appointment a 100% fee will be charged.*

Prices/services subject to change.